



*"Guiding vulnerable communities
out of social isolation through
connection, creation and
collaboration"*



Pages for Wisdom
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Pages for Wisdom

Connect | Create | Collaborate

Pages for Wisdom helps vulnerable communities and health organisations bridge the gap between long waitlists and service engagement. Utilising a continuity of care framework, we provide pre and post treatment activities.

Our goal is to connect, create and collaborate with innovative modalities, Bibliotherapy, Scriptotherapy, Art Therapy and Animal Assisted Therapy.

OUR SERVICES

WAITLIST MANAGEMENT

Utilising our continuity of care framework, we provide risk mitigation for external health care providers to ensure clients are engaged and connected with their community

GROUP PROGRAMS

Our group programs are delivered by registered mental health professionals online and face to face. Programs may vary from 4 weeks-6months prior to treatment engagement

COMMUNITY ACTIVITIES

Pages for Wisdom will offer post treatment community activities that include:

- Art Classes
- Martial Arts Training
- Trade Skills Groups

CREATIVE THERAPIES

- Art Therapy
- Bibliotherapy
- Music Therapy
- Scriptotherapy
- Animal Assisted Therapy
- Mindfulness Based Approaches

WRAP AROUND CARE

Pages for Wisdom engages individuals pre and post treatment engagement with external health organisations

EVIDENCE BASED INTERVENTION

Pages for Wisdom are dedicated to providing services that encourage connection and mindfulness based services. Our programs encompass elements of evidence based interventions:

- Acceptance Commitment Therapy
- Cognitive Behavioural Therapy
- Interpersonal Therapy
- Motivational Interviewing